

Memorize & Ponder

Sun, Jan 20, 2019 – Longing/Loneliness

**What Is Your Dream?
(Martin Luther King Jr Sunday)**

**Memorize & Ponder
for the Week of Jan 13, 2019
(Full Reading – Psalm 88)**

Text for the Week – Ps 88:12 (NRSV)

**Are your wonders known in the darkness,
or your saving help in the land of forgetfulness?**

Brentwood, keen to be nourished to flourish ever more deeply in the grace of Jesus Christ, is spending the year from July 2018 to June 2019 exploring the songbook of the Bible, the Psalms. We expect to find a deeper understanding of the love of God and a more trusting gratitude for how that love addresses the complex dynamics of being God's friends in this world.

We will employ an ancient tradition in the church, dating back to the 6th century, that involves praying the Scriptures daily. It's called Lectio Divina or holy reading. We're adopting this as a discipline of faith this year. We will practice it, play with it, improvise on it, and be steeped by God's grace in it. We think it will change our lives!

As with everything here at Brentwood, we welcome your suggestions and comments on how best to consider more deeply the benefits of following Jesus Christ into the Commonwealth of God.

Daily Ponderings on the Psalms

Let us hold fast to the confession of our hope without wavering, for he who has promised is faithful. And let us provoke one another to love and good works, not neglecting to meet together ... (Hebrews 10:23-25a)

Our words to ponder this week are *Martin Luther King Jr.*

Lectio divino (holy reading)* invites us to do 5 things as we consider the biblical passage: listen, reflect, see, respond, and rest in what the Spirit is teaching. What are you hearing? What meaning is being formed or reformed for you? What images or metaphors come to mind? What kind of response is the Spirit suggesting? What difference does the final moment of rest in God's love make for you?

We suggest that you read the whole Psalm at the beginning of the week. In the days following, you might focus on the sermon text chosen by Brian. Read it aloud and listen to your words. Ponder it anew each day. See new dimensions of its message. Pay attention to your attitudes and how the Spirit may be reforming them. And rest in the richness of God's nourishing Word as you grow into the justice, kindness, and humility that delight God.

Notes for participating in Christ's mission this week:

Remember to pray for the faithfulness of Brentwood in its mission this week.

* A good introduction to *lectio divina* is Eugene Peterson, *Eat This Book: A Conversation in the Art of Spiritual Reading* (Eerdmans, 2009)